

FOSSIL RIDGE STRENGTH & CONDITIONING CAMPS 2022

JUNE 13 – JULY 28



OFF FRIDAYS & WEEK OF JULY 4TH

LOCATION: FOSSIL RIDGE HIGH SCHOOL FOOTBALL FIELD

<i>INCOMING</i> 7TH – 8TH GRADES <i><u>AND ALL OTHER SPORTS</u></i>	7:30 – 8:30 AM	\$80 / ATHLETE
9TH GRADE	7:30 – 9:30 AM	\$125 / ATHLETE
10TH – 12TH GRADES	8:30 – 10:30 AM	\$125 / ATHLETE

WHAT TO WEAR & BRING: SHORTS, T-SHIRT, NON-METAL CLEATS & SNEAKERS, 1-GALLON WATER BOTTLE

SEND QUESTIONS TO COACH GROUNDS AT JOHN.GROUNDS@KELLERISD.NET

PLEASE DETACH AND RETURN REGISTRATION INFORMATION

PLAYER LAST NAME: _____ **PLAYER FIRST NAME:** _____ **GRADE:** _____

ADDRESS: _____ **CITY:** _____ **ZIP CODE:** _____

PHONE NUMBER: _____ **E-MAIL:** _____

I HEREBY GRANT PERMISSION FOR MY SON/DAUGHTER TO PARTICIPATE IN THE FOSSIL RIDGE STRENGTH & CONDITIONING CAMP AND ACKNOWLEDGE THAT HE/SHE IS PHYSICALLY ABLE TO PARTICIPATE IN CAMP ACTIVITIES. I RELEASE KELLER INDEPENDENT SCHOOL DISTRICT, FOSSIL RIDGE, AND ITS EMPLOYEES FROM ALL CLAIMS FOR INJURIES OR ILLNESS WHICH MAY BE SUSTAINED BY MY SON/DAUGHTER AT THE FOSSIL RIDGE STRENGTH & CONDITIONING CAMP.

PARENT NAME: _____ **PARENT SIGNATURE:** _____ **DATE:** _____

MAKE CHECKS OR MONEY ORDERS PAYABLE TO: FOSSIL RIDGE FOOTBALL

MAIL REGISTRATION TO:

FOSSIL RIDGE FOOTBALL
C/O COACH DEREK RAMSEY
4101 THOMPSON RD
FT. WORTH, TX 76244